



## Immediate Kangaroo Mother Care (iKMC) Workshop 9th April, 2022

Inauguration: Prof. Rashmi Dwivedi

02.00 - 02.10 PM	Welcome & Objective of Workshop Dr. Shashi Vani, Dr Harish Chellani
02.10 - 02.50 PM	iKMC: Science and Evidence Dr. Suman Rao
02.50 - 03.30 PM	iKMC : Opportunities and challenges Dr. Sugandha Arya
03:30 - 04.10 PM	iKMC : Obstetrician Perspective Dr. Pratima Mittal
04.10 - 04.25 PM	Tea Break
04.25 - 05.00 PM	iKMC : In context of Private hospitals Dr Ashish Mehta
05.00 - 05.30 PM	iKMC Mother's Perceptions Dr Harish Chellani
05.30 - 05.45 PM	iKMC: Way forward Dr Harish Chellani
05.45 - 06.00 PM	Concluding remarks and vote of thanks Dr Shashi Vani



## KMC training program 8th Apr 2022 (For nurses and doctors who guide to provide KMC regularly in their facilities)

09.00 AM	Registration and Pretest
10.00 AM	<ul style="list-style-type: none"> <li>• Meeting called to order</li> <li>• Invocation/ Prayer</li> <li>• Lighting the lamp- KMC children</li> </ul>
10.10 AM	Welcome address, <b>Dr. Manish Singh - DDNHM</b>
10.15 AM	Self Introduction of Participants (Including their training and practical experience of KMC before attending this training in brief and what are their expectations from this training program.)
10.30 AM	Introduction to KMC & why we need to promote KMC in India <b>Jatin</b>
10.40 AM	Basics/ Science of KMC and Benefits of KMC <b>SMN</b>
11.00 AM	Practical Aspects of KMC/ Kangaroo position <b>Niranjan Singh</b>
11.20 AM	Monitoring during Kangaroo Position <b>Surender Bisht</b>
11.30 AM	Tea Break
11.45 AM	Videos KMC positioning
12.15 PM	<p>“Practical Aspects of KMC Positioning“</p> <p>Demonstrations in groups and hands on training on mannikins/ dolls</p> <ul style="list-style-type: none"> <li>i) • Counselling mother for KMC with family members <ul style="list-style-type: none"> <li>• Selecting the place, Collecting the supplies</li> <li>• Preparation of mother, baby, family members for KMC</li> </ul> </li> <li>ii) Actual Kangaroo Position- Hands on training for each participant if required (Use of Check list)</li> <li>iii) Recording, reporting of KMC (duration of position, mode of feeding, wt.</li> <li>iv) Requirements for prolonged and quality KMC/ facilities for mothers/AKP - MNCU ward/ KMC area, corner (Facilities for mother/AKPs, staff etc.</li> </ul> <p>All the participants are mixed and four groups formed</p>
01.45 PM	Lunch Break
02.30 PM	<p>Kangaroo Nutrition</p> <p>Presentation of Over view</p> <p>Section I – Basic considerations - <b>SMN</b></p> <p>Section II – Support for mother for prolonged breastfeeding - <b>Ravi Sachan</b></p> <p>Section III – Skills for feeding LBWI) - <b>Binita Desai</b></p>
03.15 PM	<p>Videos on KMC Feeding skills and discussions</p> <ul style="list-style-type: none"> <li>i) (Kangaroo Joey feeding</li> <li>ii) Breast crawl</li> <li>iii) Breast feeding position and attachment (Latching)</li> <li>iv) Technique of EBM, collection and storage</li> <li>v) Gavage / oro-gastric or naso-gastric tube feeding</li> <li>vi) Cup feeding/ spoon feeding/paladai feeding)</li> </ul>
04.00 PM	Tea break
04.15 PM	KMC discharge and follow up and Record Keeping - <b>Manish Singh</b>
04.45 PM	Counselling for KMC - <b>Ravi Sacchan</b>
05.10 PM	Barriers and solutions for KMC promotion in MNICUs-Open house discussion moderated by <b>Manish Singh</b>
05.30 PM	Post -test, program evaluation, reflections by the participants, distribution of certificates
06.00 PM	Visit to a KMC ward ( <b>Optional</b> )
06.45 PM	Disperse



## Workshop for the trainers of the Community Health Workers for improving the quality of Home Based Kangaroo Mother Care (HBKMC)

**Date:** Thursday, April 7<sup>th</sup> 2022

**Venue:** Gandhi Medical College, Bhopal

**Academic Coordinator :** Dr Shashi N Vani

**Local Coordinator :** Gandhi Medical College, Bhopal

**Workshop Coordinator :** Dr Nikhil M Kharod

**Resource Persons:** Dr Simin Irani • Dr Nikhil Kharod • Dr Ankur Sethi •  
Dr Vandana Bhatia (UNICEF, Health Specialist) and Dr Binita Desai

9.00 AM	Registration and Breakfast Inauguration - <b>Prof. Premlata Parekh, Prof. Jyotsna Srivastav</b>
10.30 AM	Prayer
10.35 AM	Welcome address and objectives of the workshop - <b>Dr Nikhil Kharod</b>
10.45 AM	Self Introduction by the participants
11.00 AM	Pre test
11.15 AM	Importance of HBKMC in India , Basics of Newborn care and Basics and benefits of KMC - <b>Dr Nikhil Kharod</b>
12 Noon	Tea Break
12.15 AM	Practical aspects of Kangaroo Position - <b>Dr Nikhil Kharod</b>
1.15 AM	Demonstration & Video Films (Practical aspects) - <b>Dr Binita Desai</b>
2.00 PM	Lunch
2.30 PM	Monitoring during HBKMC - Dr Vandana Bhatia (UNICEF)
3.00 PM	Feeding of LBW/PT babies during KMC - <b>Dr Simin Irani</b>
4.00 PM	Follow up during KMC - <b>Dr Ankur Sethi</b>
4.30 PM	Tea Break
4.45 PM	KMC during Covid-19 era - <b>Dr Binita Desai</b>
5.15 PM	Barriers and solutions for promotion of Home Based Kangaroo Mother Care - Open House Co-ordinator – <b>Dr Binita Desai</b>
5.45 PM	Post test / Concluding session

Educational aids – Dolls and KMC bag – 6 each / Palada – 6 / Projector



**Workshop Program:**  
**Role of Obstetricians in promotion of KMC in India**  
**Registration: 2 PM      Workshop : 2.30 PM to 5.30 PM**  
**Venue: AIIMS, Bhopal**

02.30 PM	Meeting called to order
	Prayer
02.35PM	Welcome and objectives of this workshop- Prof. Shashi N. Vani
02.40PM	Inaugural Address FOGSI President of Bhopal MP chapter
02.45PM	Pre test
02.50 PM	Basics and Benefits of KMC, and Scope for promotion by an Obstetrician- An overview- Prof. Shashi N. Vani, Ahmedabad
03.20 PM	KMC and MOM (Mother's own milk) – Dr. Srinivas Murki, Hyderabad
03.35 PM	Efforts of KMC promotion by an Obstetrician- Dr Milnd Shah, Solapur
03.50 PM	KMC promotion by an Obstetrician- Dr Evita Fernandez, Hyderabad
04.00 PM	KMC and breast milk feeding in a CS case – Dr Parul Kotdawala
04.10 PM	Tea break
04.20 PM	Video clippings Dr Nikhil Kharod
04.40 PM	A Panel Discussion: "Challenges and possible solutions" Prof. Kumuda, Dr Milind Shah, Dr Parul Kotdawala, Dr. Srinivas Murki, Prof. Shashi N. Vani, Prof. Kharod
05.10 PM	Post test and Course evaluation
05.20 PM	Way forward
05.25 PM	National Anthem
05.30 PM	End of the program



## Program for Master Trainers for KMC: Course at KMCCON 2022

**Venue:** AIIMS, Bhopal • **Dates:** 7<sup>th</sup> and 8<sup>th</sup> April 2022

9 AM Registration and breakfast 10.30AM Workshop

**Chief Coordinators:** Prof. Shashi N. Vani and Dr Deepa Banker

**Local Coordinator:** Dr Mahendra Jain

**Faculty members:** Prof. Shashi N. Vani, Prof. Suman Rao, Prof Arasar, Prof Deepa Banker, Prof Sushma malik, Prof Rashmi Dwivedi, Dr. Majusha Goel, Dr. Jenisha, Dr SriKrishna, Prof. Kumuda

**Day One:** Prof. Somashekhar, Dr Niranjana Singh

**Day two:** Prof Simin Irani, Prof. Kharod, Dr Binita Desai

<b>Thursday, 7th April 2022</b>	
<b>Session I - Inaugural session</b>	
10.30 AM	Prayer
10.35 AM	Inauguration by KMC Kids and invited guests
10.40 AM	Welcome Address – Prof. Shikha Malik & Dr. Mahendra Jain
10.45 AM	Objectives of the workshop and program outline- Prof. S. N. Vani
10..50 AM	Remarks by guest of honour
11.00 AM	Vote of thanks
11.05 AM	Pre test
11.15 AM	Self Introduction of participants
11.30 AM	Tea break
<b>Session II - Basics and Benefits of KMC</b>	
12.00 Noon	Introduction and basics of KMC- Prof. S. N. Vani
12.30 P M	Benefits of KMC- Prof Deepa Banker
01.00 PM	Lunch break
<b>Session III - Kangaroo Position: Hands on demonstrations on practical aspects and check lists</b>	
01.30 PM	Group work- All faculty members <ul style="list-style-type: none"> <li>• Collecting supplies and Preparation of place, mother and baby</li> <li>• Actual procedure of putting the baby in KP</li> <li>• Monitoring during KMC and Ambulatory Care</li> <li>• Early detection of danger signals by KMC providers</li> <li>• Requirements for good quality KMC (Check lists)</li> </ul>
02.30PM	Video demonstrations - Dr Sri Krishna
<b>Session IV - Kangaroo Nutrition</b>	
03.00 PM	Salient points- Dr Kumuda
03.30 PM	Tea Break
03.45 PM	KMC Video demonstrations- skills related to feeding during KMC -Dr Sri Krishna
<b>Session V: Kangaroo Discharge</b>	
04.15 PM	Kangaroo Discharge and follow up- Prof. Sushma Malik
<b>Session VI - KMC Ward Visit</b>	
05.00 PM	In groups
05.30 PM	End of the day



<b>Friday 8<sup>th</sup> April 2022</b>	
9AM	Registration and Breakfast
10.30 AM	Recap of the day one- One participant
<b>Session VII - Counselling for KMC</b>	
10.45 AM	Counselling for KMC – Prof. Suman Rao
<b>Session VIII - Group Assignments</b>	
11.15 AM	<p>“How to achieve the following in each SNCU/NICU”</p> <p>A) Planned Early discharge and follow up at facility and at homes Team Guides – Prof. Sushma Malik, Dr.Binita Desai, Dr Manjusha</p> <p>B) KMC records, registers, reporting and inclusion in HMIS Team Guides- Prof. Suman Rao, Prof. Deepa Banker, Dr Srinivasan</p> <p>C) Training programs, Awareness and Demand generation activities Team Guide- Prof. Shashi N. Vani, Prof. Arasar, Dr Jenisha</p> <p>D) Providing facilities for prolonged KMC by mothers and AKPs Setting up of MNC Unit / KMC area Team Guide – Prof. Rashmi Dwivedi, Dr Sri Krishna, Prof. Kumuda</p>
11.45 AM	Tea Break
12.00 Noon	Group Presentations and discussions
<b>Session IX - Scope of KMC</b>	
12.45 PM	<p>: Expanding the horizons of KMC – Concept of zero separation of mother and her baby - Prof Shashi N. Vani, Prof. Rashmi Dwivedi</p> <ul style="list-style-type: none"> <li>• KMC during transport</li> <li>• KMC in a CS case</li> <li>• KMC and pain relief</li> <li>• KMC in private practice</li> </ul>
01.00 PM	Family Participatory Care - Dr Deepa Banker
01.20 PM	HBKMC: and KMC during COVID pandemic - Prof. Kharod
01.45 PM	Lunch Break
<b>Session X “How to improve coverage and quality of KMC in each set up?”</b>	
02.15 PM	Discussions in each group
02.45 PM	Presentations from each team rapporteur
03.15 PM	Tea break
<b>Session XII “Challenges and enablers of KMC in India”</b>	
03.30 PM	Panel Discussion – All faculty members
<b>Concluding Session</b>	
04.15 PM	Post- test and review of responses
04.40 PM	Course evaluation by participants
04.50 PM	Reflections by participants
05.10 PM	Distribution of awards and certificates
05.20 PM	Vote of thanks
05.25 PM	National Anthem
05.30 PM	Disperse